

Checklist in a Basic Emergency Supply Kit

Recommended Items to Include in a Basic Emergency Supply Kit:

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries, candles and lighter or matches
- Phone charger and battery packs
- First aid kit
- Whistle to signal for help
- Moist towelettes, personal hygiene items
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Cooler and ice packs
- Local maps

Additional Items to Consider Adding:

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Waterproof container with important family documents such as copies of insurance policies, identification and bank account records
- Full propane tank or charcoal (for grill)
- Warm blanket for each person.
- Complete change of clothing
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children
- Cash